

Today we will...
Learn about pregnancy terminology and structures.

By the end of class...
You will be able to explain the pregnancy terminology.

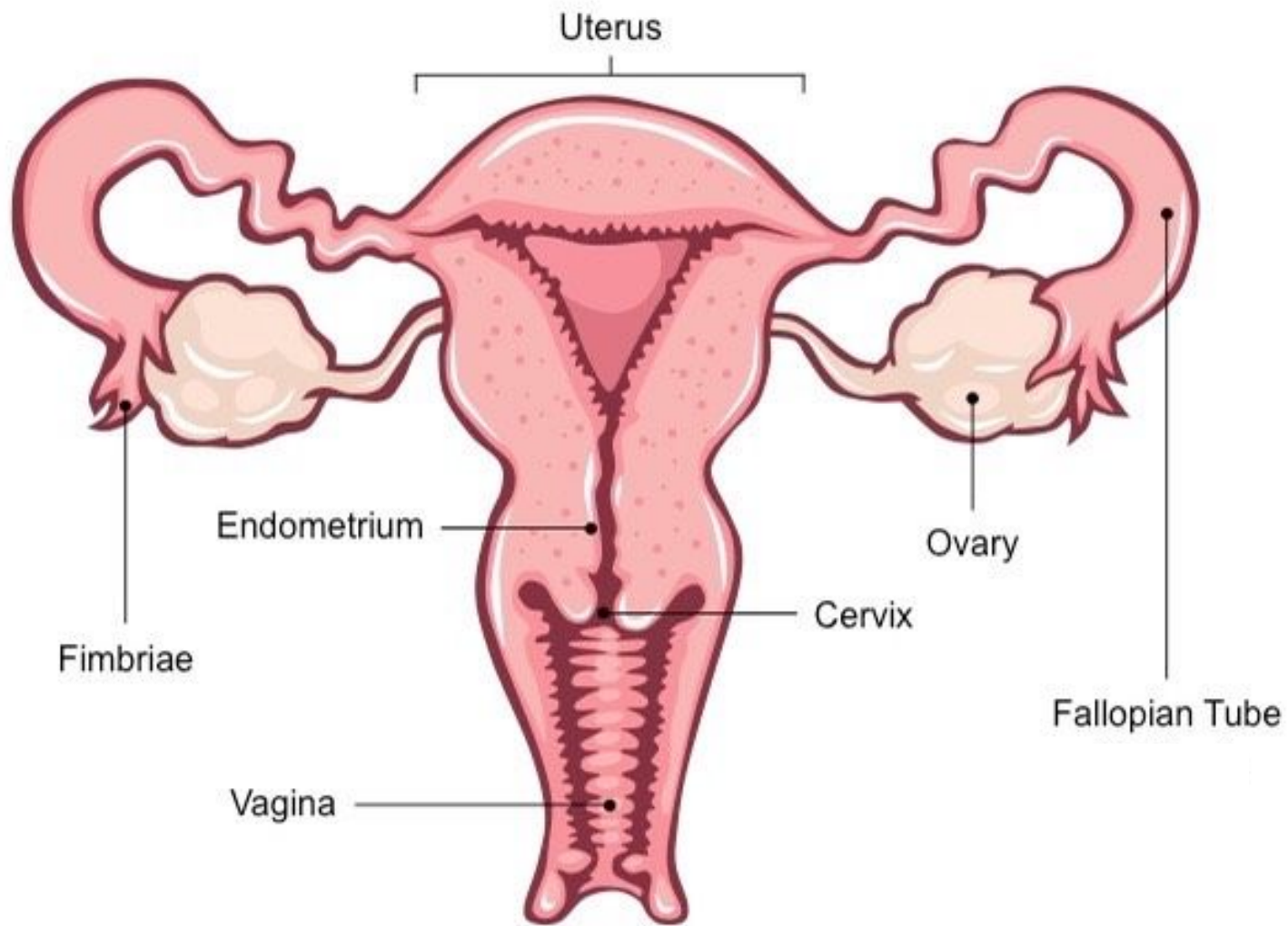


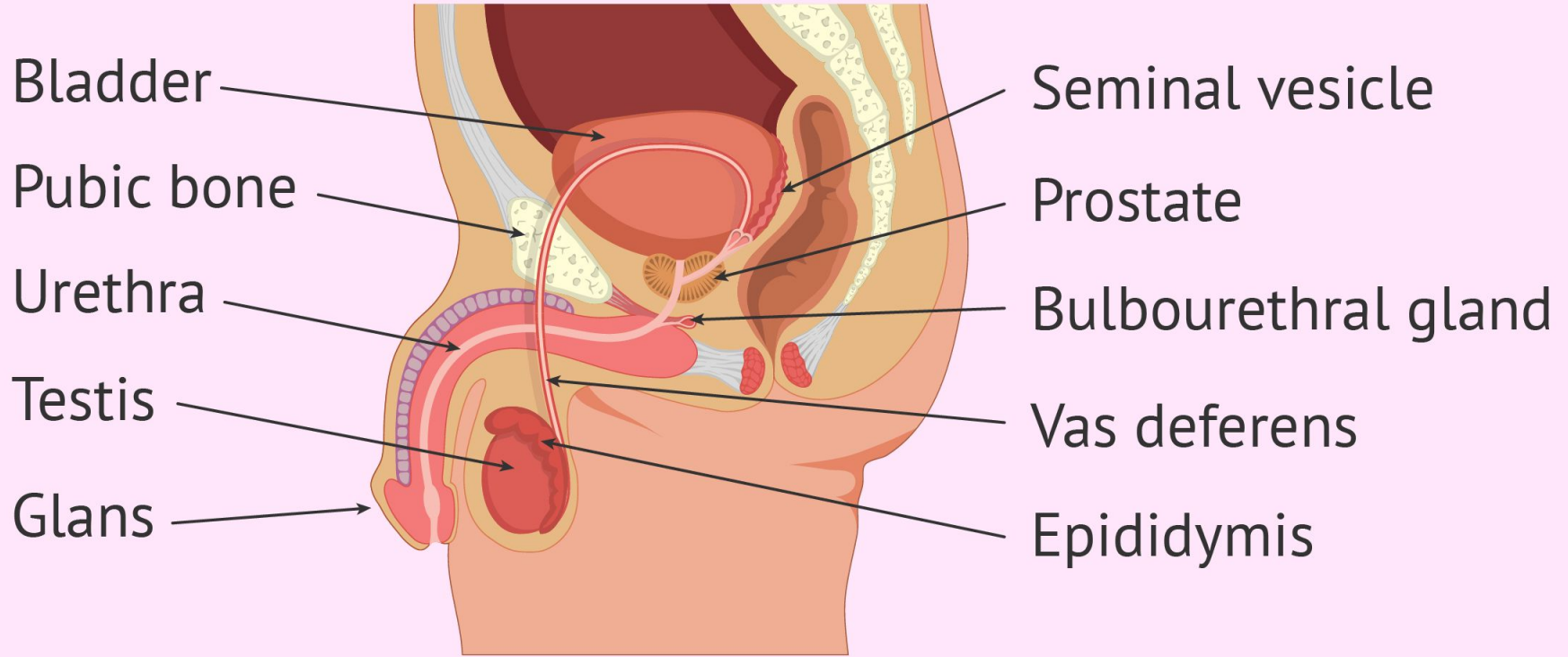
Pregnancy

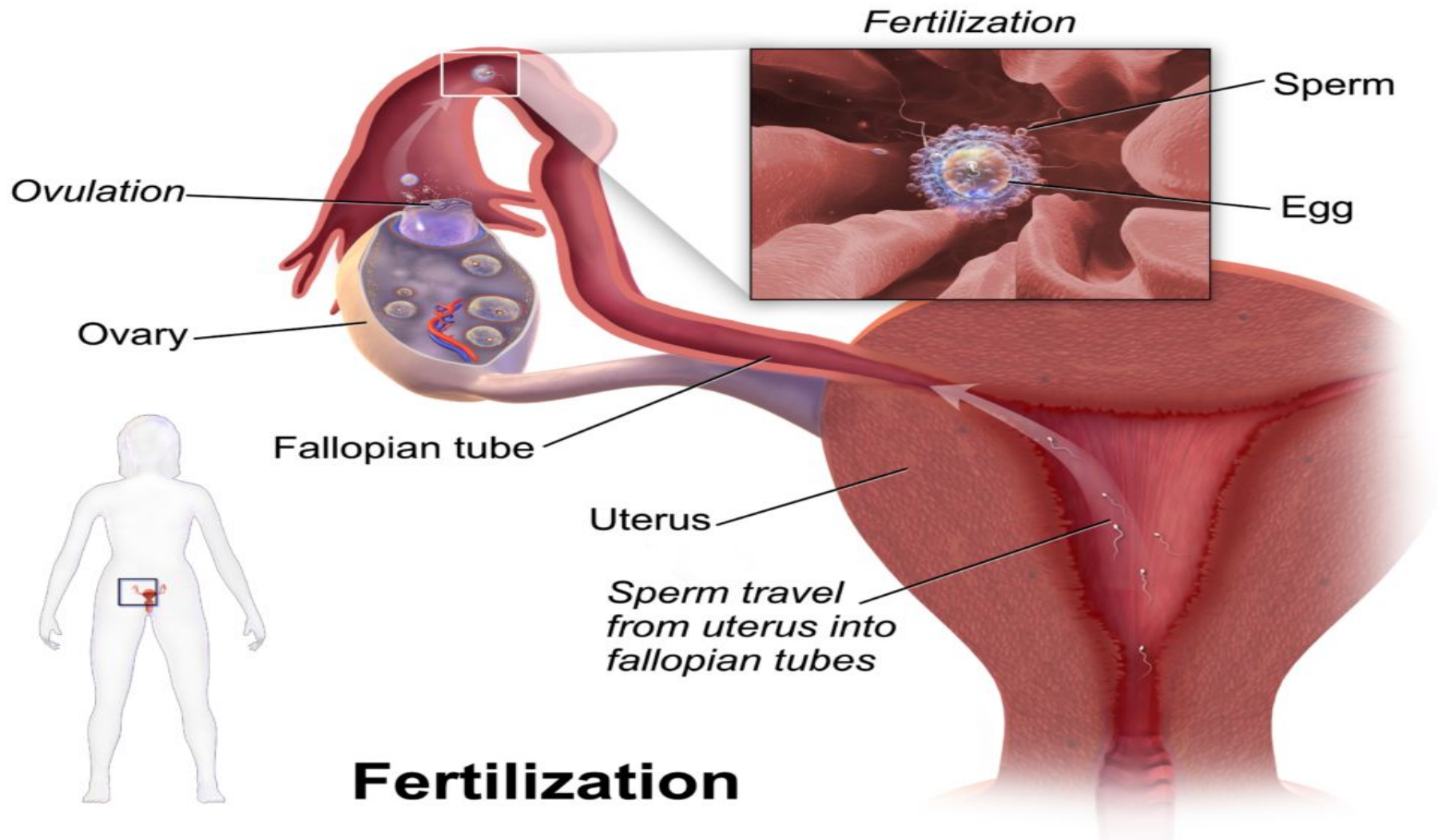


Goals this unit:

- Order the pregnancy events
- Label male and female anatomy
- Understand the role of each part of the reproductive systems
- Identify female and male hormones
- Identify safe havens within our community
- Explore appropriate suggestions for prenatal care
- Identify STD symptoms
- Explain how to treat STDs
- Explain how to prevent STDs
- Explain long term consequences of STDs
- Analyze how decisions today affect our future
- Explain consent
- Identify scenarios with proper consent







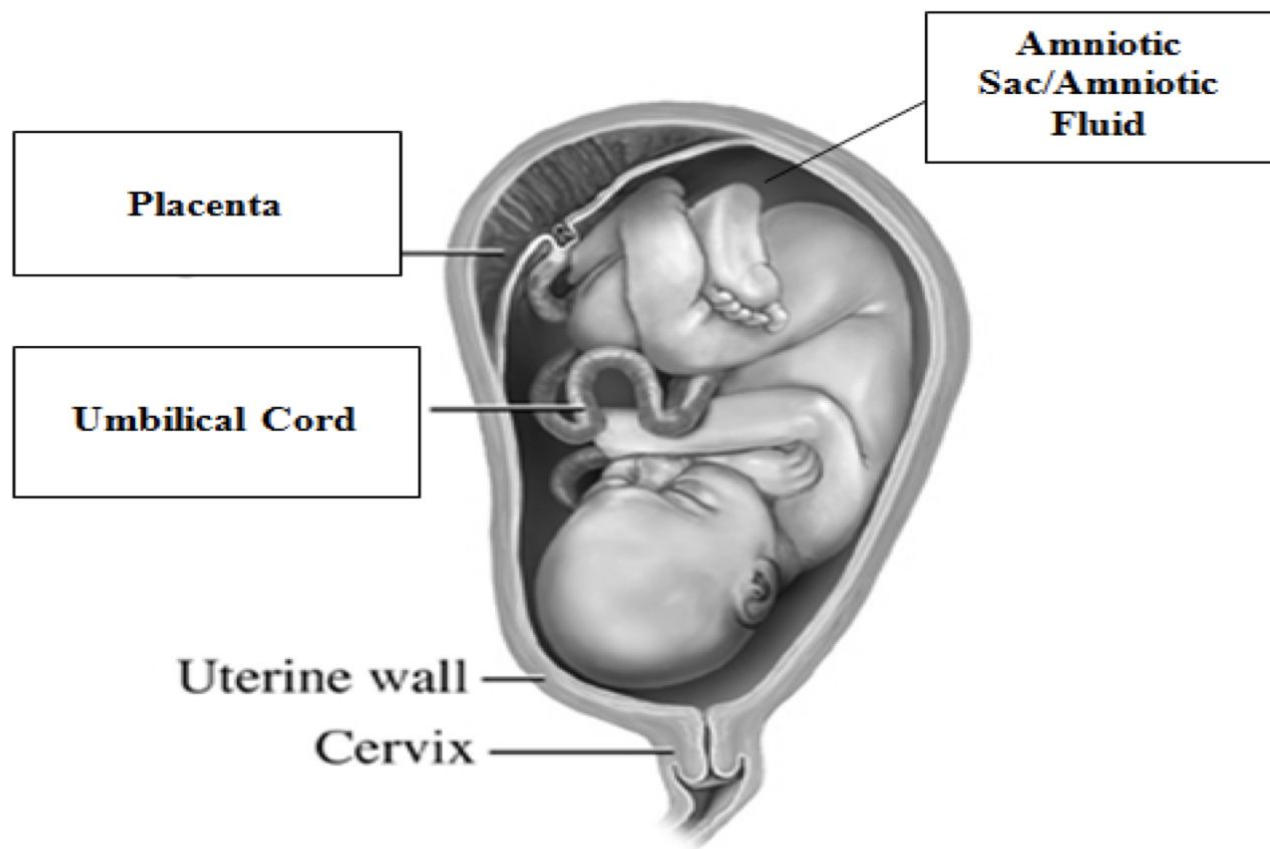
Support Structures

Placenta- connects mother to fetus and provides nutrients and oxygen for the fetus.

Amniotic Fluid/Sac- holds and protects fetus.

Umbilical Cord- connects fetus to placenta to get oxygen and nutrients.

Pregnancy Support Structures



At the moment of fertilization, the developing cell is referred to as a:

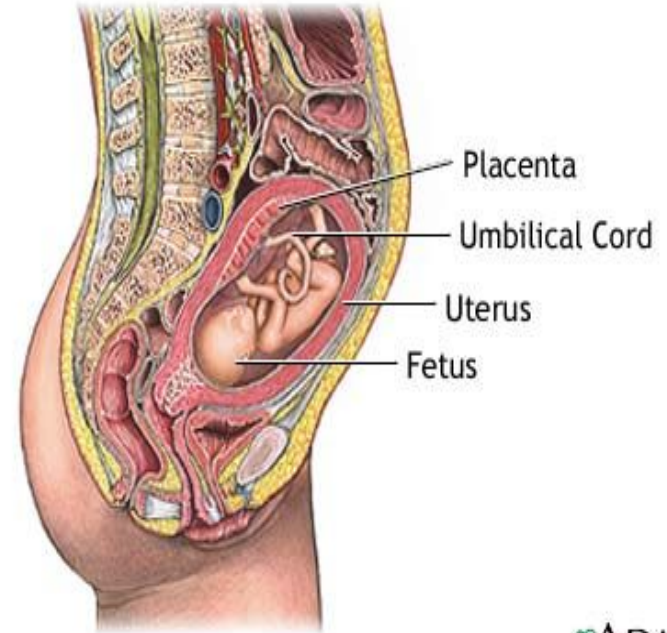
zygote

From implantation to the 8th week of development, the developing organism is called an:

embryo

From the end of the 8th week of development until birth, the developing organism is called a:

fetus



ZYGOTE



EMBRYO



FETUS



3 weeks



4 weeks



5 weeks



6 weeks



7 weeks



8-10 weeks



11-13 weeks



14-18 weeks



19-22 weeks



23-29 weeks



30-35 weeks



36-41 weeks



Where does the fertilized egg grow and develop?

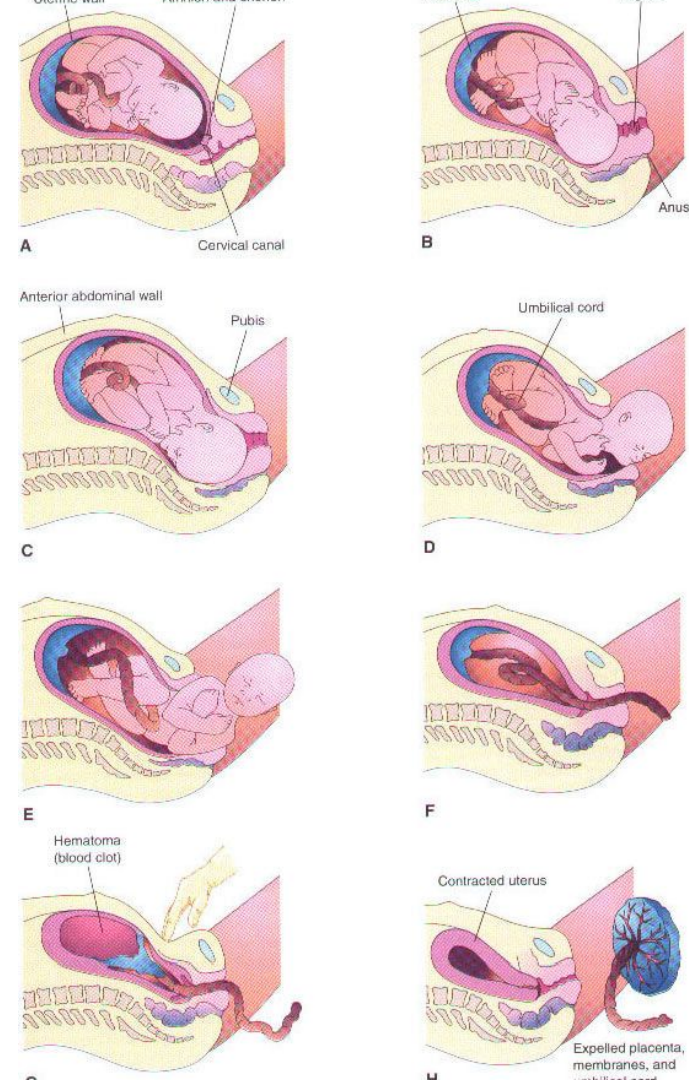
Uterus

What is the tissue that links mom to baby?

Placenta

What connects the placenta to the baby?

Umbilical Cord

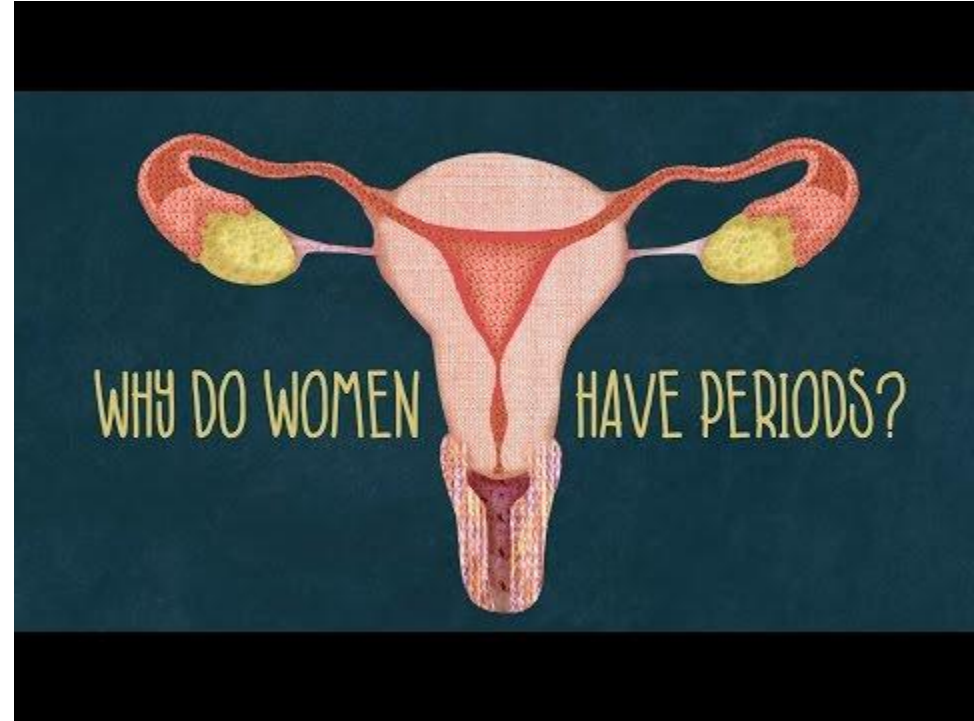


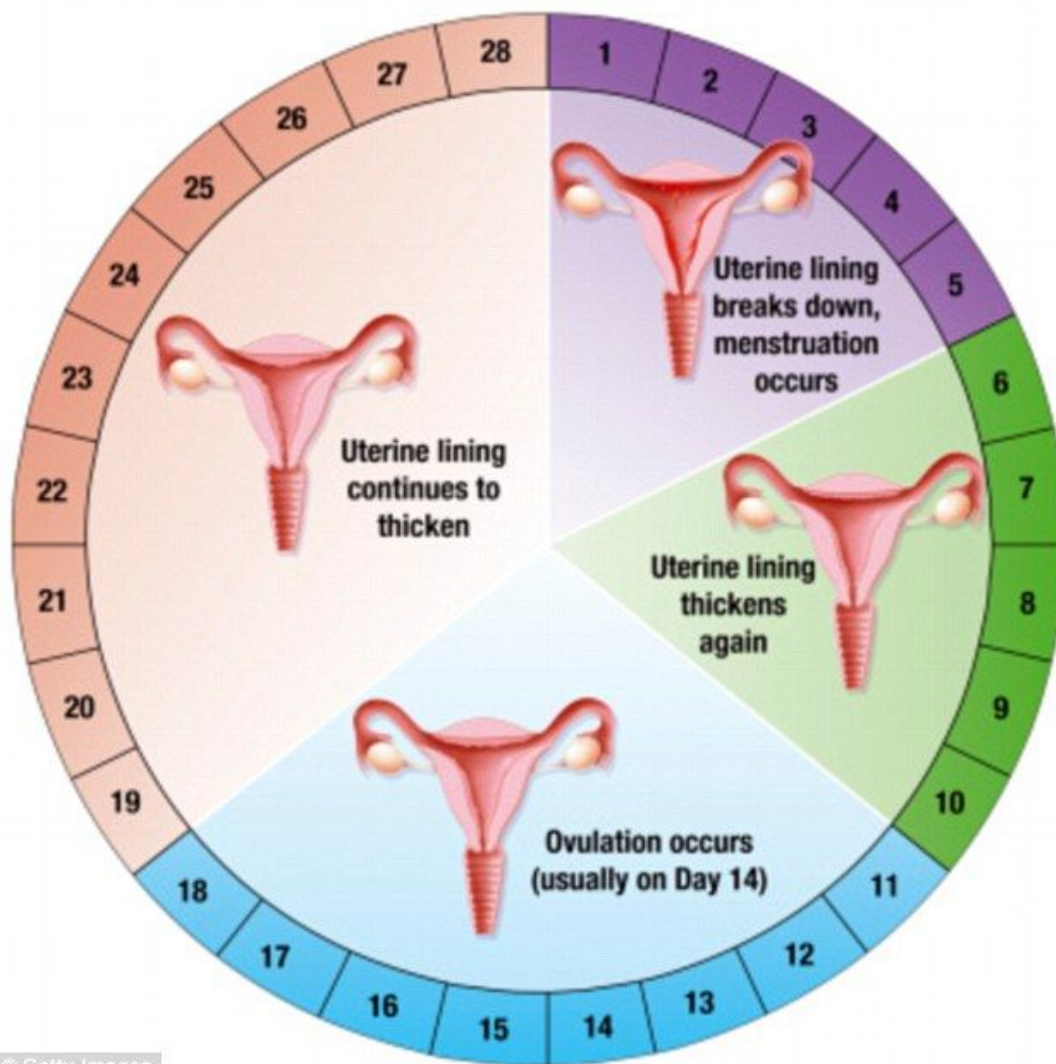
What is the name of the fluid filled sac where the baby floats and moves?

Amniotic Sac

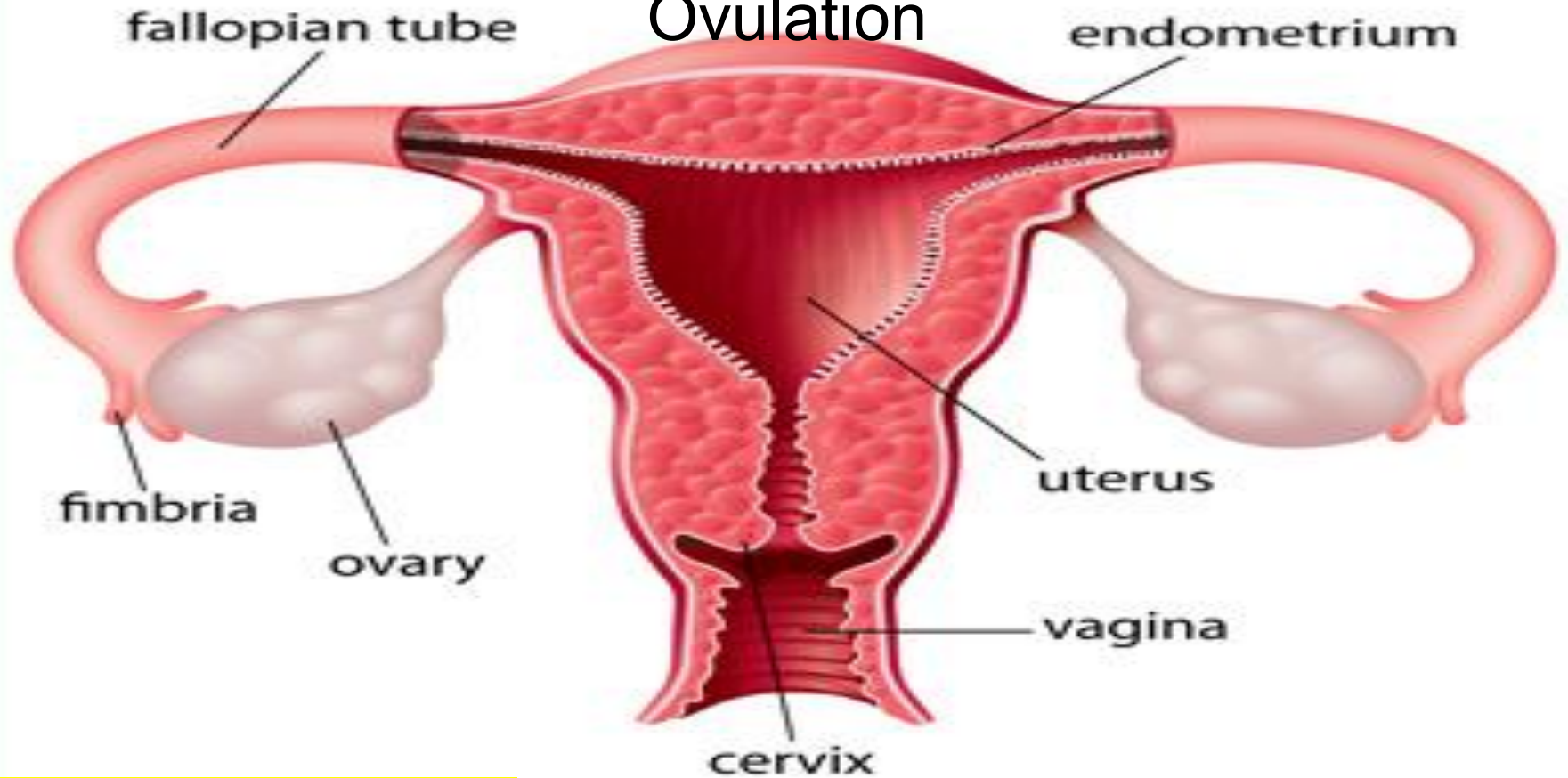
Name the lower part of the uterus that dilates during labor?

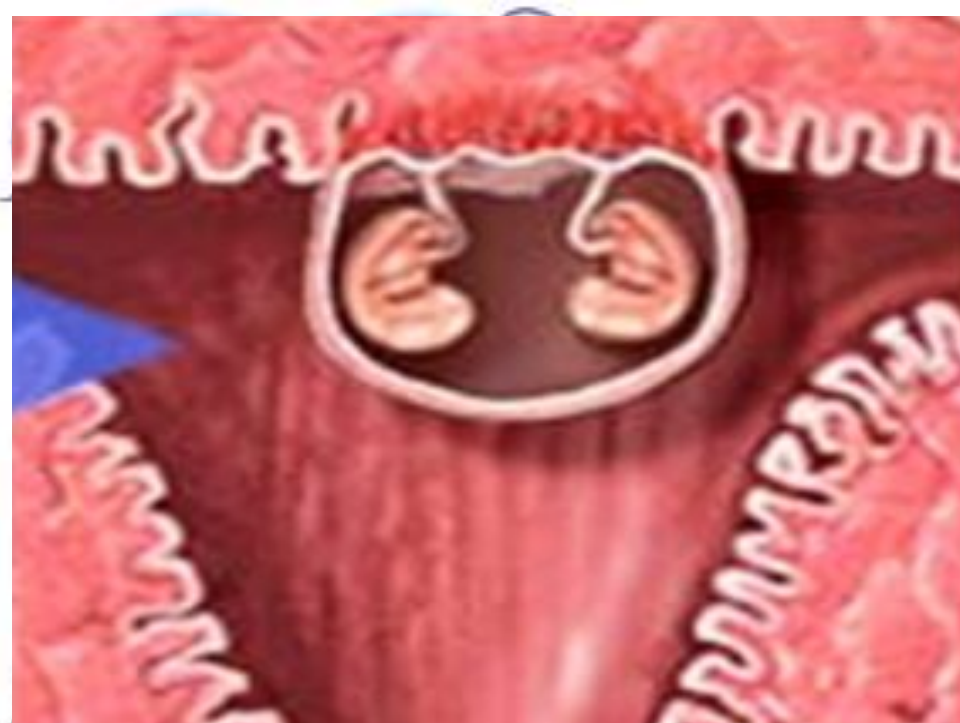
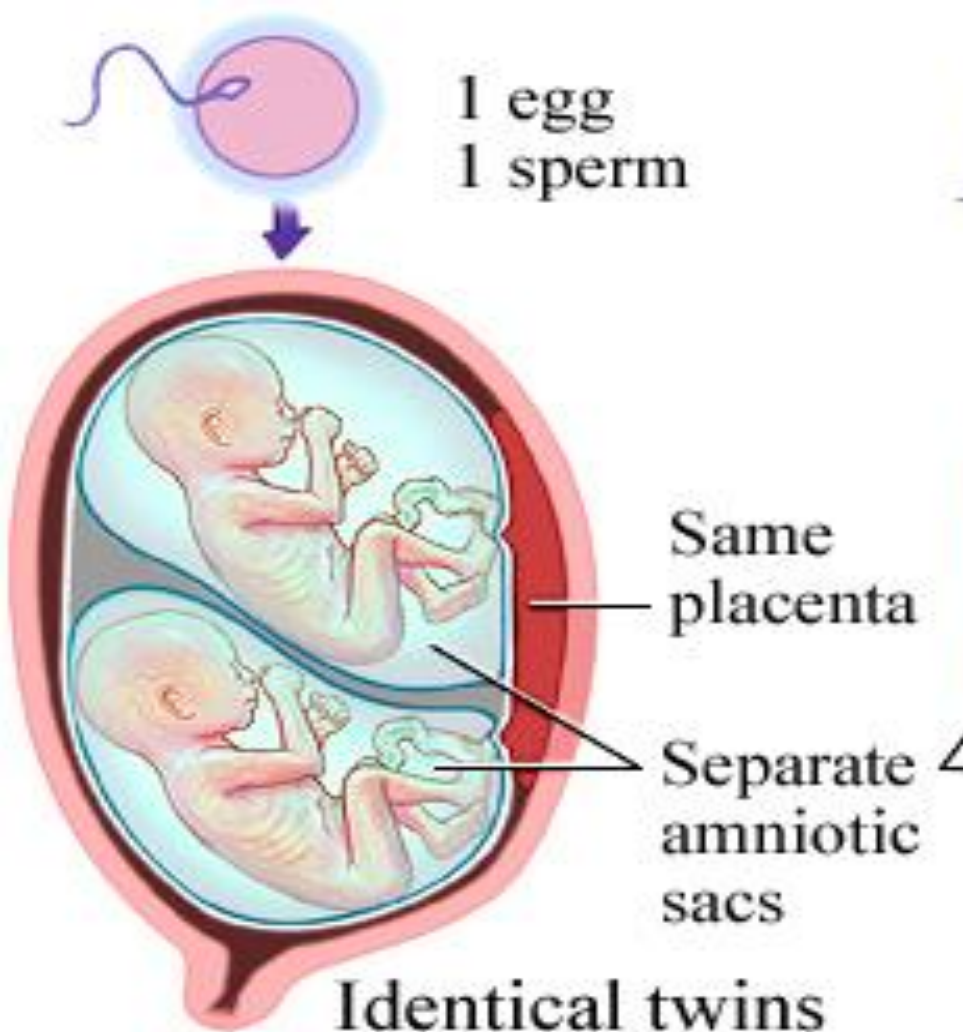
Cervix





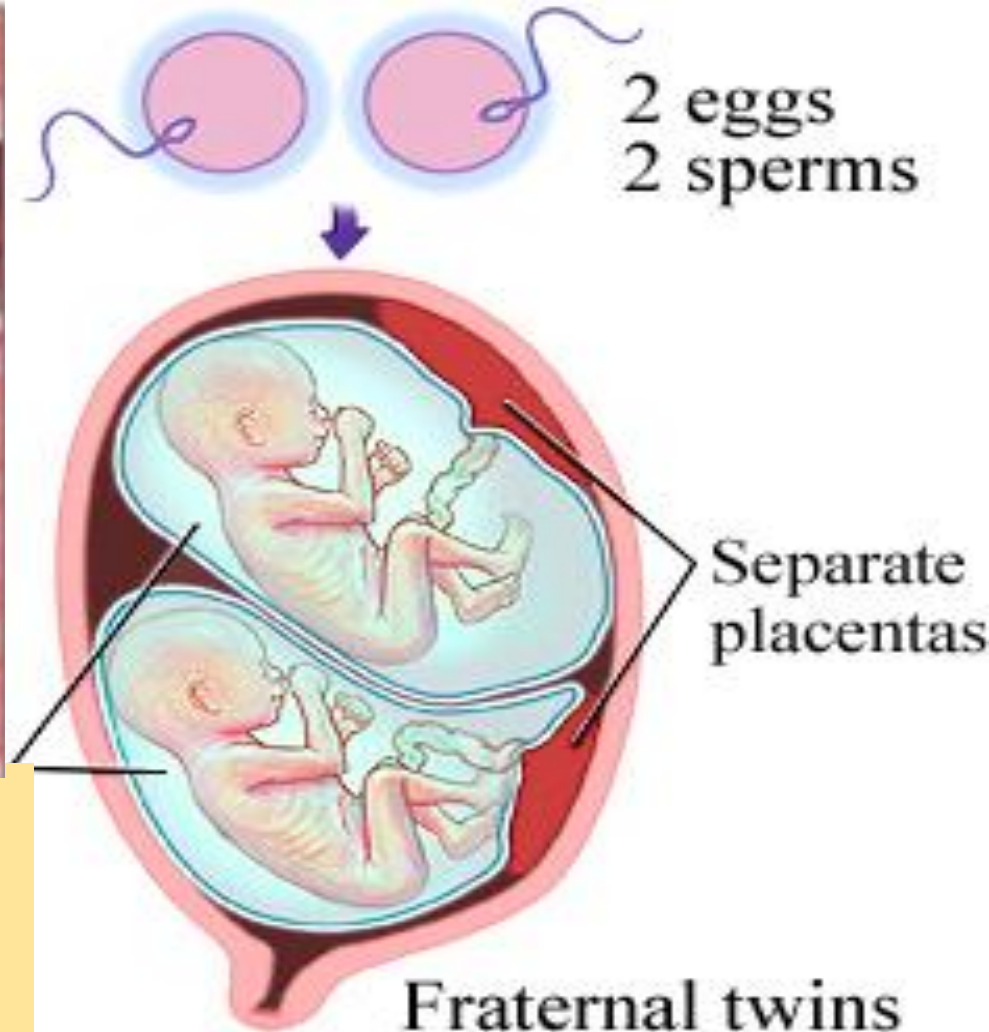
Ovulation





What causes identical twins to be born?

When a newly fertilized egg separates into two fertilized eggs



What causes fraternal twins to be born?

When two different egg cells are fertilized at the same time by two different sperm

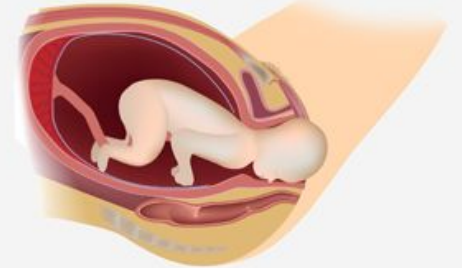
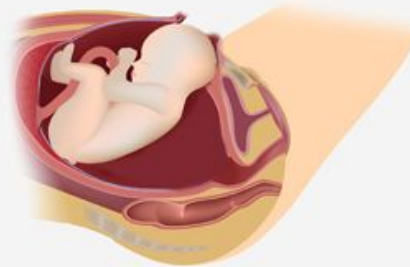
Caesarean (C-Section)- baby delivered surgically
Vaginal Birth- “natural” birth

Premature-
born before 39th
week (40 total)

C Sectiton

Vs

Normal Delivery



Breech Birth- baby has not turned into birthing position (head first)

Variations of the breech position

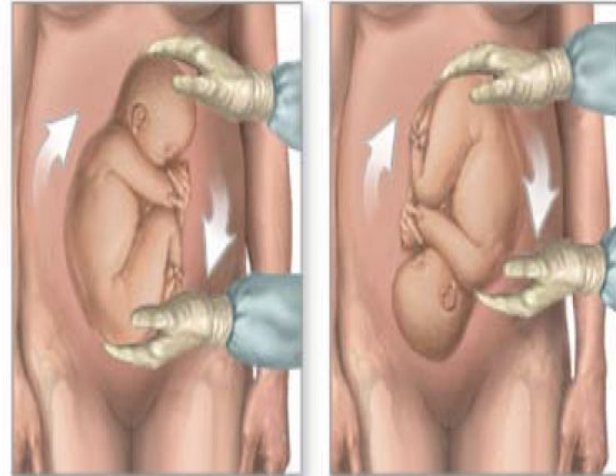


Complete
breech

Incomplete
breech

Frank
breech

External version



Method of Birth Control	How Many Couples Using This Method Will Get Pregnant in a Year?	How Well Does This Method Work in Preventing Pregnancy?	Can This Method Also Protect Against STDs?
Consistent Abstinence	None	Completely effective	Yes
Condom	18 out of 100	Moderately effective	Yes
Not Using Any Birth Control	85 out of 100	Not effective	No
Birth Control Pill	9 out of 100	Effective	No



Still risky with an 18% failure rate



Common Pregnancy Symptoms



**missed
period**



**breast
soreness**



**increased
basal body
temperature**



**morning
sickness**



**frequent
urination**



fatigue





If you (or someone you know) is pregnant and you don't know what to do...

- Tell a trusted adult/teacher/family member
- Schedule an appointment with a doctor

There are resources available and it will be okay!

What makes someone “ready” to
have sexual contact?

What makes a relationship
“healthy”?

IL Legal Age of Consent...

17

What does this mean?

Erin's Law

1 in 4 girls and 1 in 6 boys
are sexually abused by the age of 18.



Law requiring states to teach about sexual abuse in hopes to prevent this from happening.

YOU ARE NOT ALONE!

You can call the National Sexual Assault hotline at **1-800-656-4673** to speak to someone. You can also talk to someone online at <https://www.rainn.org>. All free services.

Safe Haven Law

- Surrender (drop off) baby at hospital, fire station, police station **ONLY IF sign (pictured below) and worker are present.**



Consent

- A clear, verbal “Yes”
- Can be withdrawn at **anytime**

Consent



F REELY GIVEN

R EVERSIBLE

I NFORMED

E NTHUSIASTIC

S PECIFIC

[mcasa.org](https://www.mcasa.org)

What is consent?

- a clear “yes”
- a voluntary and verbal agreement
- a process and conversation
- can be withdrawn at anytime

What isn't consent?

- flirting
- revealing clothing
- tricking someone or pressuring someone into a yes
- a yes under the influence of drugs or alcohol

Safe/Unsafe Touches

Safe Touches- hug (from someone you trust), high five, pat on the back, holding hands

Unsafe touches- any touch that makes you feel uncomfortable including touches that are on or near a reproductive (private) part including chest.

Safe/Unsafe Secrets

Safe Secret Examples- A family password, family health history, surprise birthday party, etc.

Unsafe Secret Examples- Someone touches/hurts you and tells you to keep it a secret, someone takes a picture of you and tells you to keep it a secret, someone is sending you inappropriate texts/pictures and tells you to keep it a secret, etc.