

7th Grade Sex Education Curriculum Outline

Illinois Standards Covered:

- **7.HE.22 - Understands health promotion and the prevention & treatment of illness & injury**
- 7.HE.22.A.3a - Identify and describe ways to reduce health risks common to adolescents (ways to reduce STDs, signs and symptoms)
- 7.HE.22.A.3b - Show how positive health practices/relevant health care can reduce health risks (STDs, prevention methods, long-term consequences of STDs)
- 7.HE.22.D.3a - Identify and communicate with others regarding health issues (promote healthy reproductive choices)
- **7.HE.24 - Promotes and enhances health using effective communication and decision-making**
- 7.HE.24.A.3b - Demonstrate methods for addressing interpersonal differences without harm (assertive communication, consent, refusal skills)
- 7.HE.24.B.3a - Apply a decision-making process to an individual health concern (emotional and social changes during puberty that affect decision making)
- 7.HE.24.C.3a - Apply refusal and negotiation skills to potentially harmful situations (goal setting and how unplanned pregnancy may affect this, refusal skills)

Learning Targets:

Unit	Students Can:
Sex Education	<ul style="list-style-type: none">- Order the pregnancy events- Label male and female anatomy- Understand the role of each part of the reproductive systems- Identify female and male hormones- Identify safe havens within our community- Explore appropriate suggestions for prenatal care- Identify STD symptoms- Explain how to treat STDs- Explain how to prevent STDs- Explain long term consequences of STDs- Identify effective birth control methods- Analyze how decisions today affect our future- Explain consent- Identify scenarios with proper consent